



DM Lincoln Greco/Freestyle Tournament
Sunday, April 19th, 2020
Lincoln High School Roundhouse
2600 SW 9th St.
Kids, Cadet, & Junior Divisions

Registration

Pre-Registration by Saturday, April 18th at 10:00PM at www.trackwrestling.com \$15.00 for one style, \$30.00 to wrestle in both if pre-registered or Register at the door for \$20.00 per style or \$40.00 for both. Admission is \$5.00 for spectators. Concession stand will be available.

Weigh-Ins

8-8:30 for Greco and 10-10:30AM for Freestyle (Greco weigh-in counts for Freestyle). You must weigh in with Singlet and must bring your USA card with you.

Awards

Medals to the top 3 place winners in each bracket

Membership

Must have a valid USA Wrestling membership card. www.usamembership.com **Limited Folkstyle membership is not valid.** Coaches with USA Wrestling membership will be admitted free.

Format

Wrestlers will be grouped by weight in Vertical Pairing bracketing with double elimination. We will also need area coaches to help work.

Competition

Greco wrestling starts around 9:30AM. Freestyle will follow at the conclusion of Greco. FILA Rules with USA Wrestling modifications and age groups will be used. 8U Bantam, 10U Intermediate, 12U Novice, 14U Schoolboy, 16U USA Cadet, USA Junior. No 8th graders in the USA Junior Division.

Questions

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