**“End of the Road Tournament”
 Greco, Girls, and Freestyle
 March 29th and 30th 2019**

**Location**Nikiski Middle/High School
52275 Education Drive.
Nikiski, Alaska 99635
**Friday-March 29th Greco** 10U(Intermediate)-Open
3PM-4PM Weigh-ins for Greco (must wear singlet)
4PM-4:30PM Officials & Coaches meeting
5PM Wrestling begins **Saturday-March 30th Freestyle and Girls**7AM-8AM Weigh-ins for Freestyle & Girls (must wear singlet)
9AM Officials and Coaches meeting
10AM Wrestling begins for 6U (Pre-Bantam), 8U (Bantam), 10U (Intermediate), & 12U (Novice through 70lbs)
12PM 12U-Open (Novice 70.1 lbs &up) Check brackets
1PM Wrestling Begins for 70.1 lbs &up **Mats & Gear**We will be running 4 full mats (8 half mats for early wrestling.)
Headgear must be worn by everyone in age groups schoolboy/girl and under.
Mouth guards are required for those with braces.  **Registration**-Pre-register athletes at [www.trackwrestling.com](http://www.trackwrestling.com) by midnight Wednesday March 27th.
-Wrestlers must be current members of USA Wrestling.
-Questionable skin conditions will require a “physicians release” form which can be found at [www.USAW.org](http://www.USAW.org). Any conditions considered questionable by the head mat official without a signed physical release will be cause for forfeit from the tournament.
-$20 per wrestler-Clubs please write one team check to Nikiski Freestyle Wrestling Club. Unattached wrestlers can pay individually.  **Coaches**Coaches must have USAW Wrestling Leader Card w/a Copper, Bronze certification, concussion training, and SafeSport Certifications to be on the mats. Wristbands will be handed out at the coaches meeting.  **Hospitality**Hospitality will be available to coaches with wristbands and mat/pairing officials only.  **Questions**Contact Sam Roofe at 1-907-398-2120.
**Hotels**Uptown Motel 907-283-3660
Aspen Hotel 907-283-2272
Quality Inn 907-283-6060