

COST & REGISTRATION

Registration will close on June 6th

TECH & TRAINING CAMP

Individual: \$200

Brothers: \$150

Wasatch Wrestling Club Members: \$150

Wasatch Wrestling Club Brothers: \$100

(Teams of 6 or more get the Wasatch Club discount)

Late Registration: \$240

(Will have to register & pay at the door)

Registration and payment will be done online @ trackwrestling.com under :

Wasatch Wrestling Camp 2018

Online registration will close at midnight on June 6th

Late registration and payment will be done at the door.

(We need to have the final numbers to order shirts)

YOUTH WRESTLING CAMP

Individuals: \$50

Brothers: \$40

Go to: myschoolfees.com

All Wrestlers will get a camp t-shirt.

If you have any questions or concerns about the camp please contact:

Wade Discher

wade.discher@wasatch.edu.com

507-213-9120

If you have any questions about online registration please contact:

Tyree Christensen

tyree83@gmail.com

TECHNIQUE/TRAINING CAMP

This commuter camp is intended for the wrestler who desires to and wants to be coached and trained by clinicians that were NCAA All-Americans and are continuing to coach at all levels. We have brought in the best instructors, most of whom grew up wrestling in Utah. They will be teaching basic through advanced skills and techniques and applying those to live drilling and wrestling. The last part of each session will include live wrestling.

DAILY SCHEDULE

8:00 - 9:00 AM

STRENGTH/CONDITIONING (OPTIONAL)

10:00 - 12:00 A.M.:

MORNING SESSION

TECHNIQUE/DRILLING/WRESTLING

12:00 - 1:30 P.M.:

LUNCH BREAK

LUNCHES WILL BE SOLD AT THE CONCESSIONS
SUPERVISED GAMES DURING LUNCH

1:30 - 4:00 P.M.

AFTERNOON SESSION

TECHNIQUE/DRILLING/A LOT OF WRESTLING

YOUTH CAMP

This camp is intended for younger and less experienced wrestlers (Ages 4-8). It will be facilitated by the Wasatch coaching staff and wrestlers. The wrestlers will be learning basic skills & drills in a fun atmosphere that includes competitions, Scrimmages and games. Everyone will get a camp T-shirt.
Register: myschoolfees.com

DAILY SCHEDULE

8:00 - 9:30 A.M.:

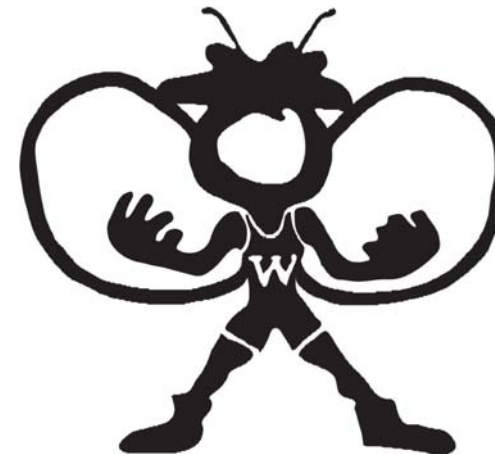
WRESTLING TECHNIQUE,
GAMES, AND SCRIMMAGES

WASATCH

WRESTLING CAMP 2018

JUNE 11TH-14TH, 2018

**WASATCH HIGH SCHOOL
HEBER, UTAH**



TROY STEINER

NCAA National Champ & 4X All-American: Iowa
Head Coach: Fresno State

JASON CHAMBERLAIN

2X NCAA All-American: Boise State
Assistant Coach: Fresno State

CYLER SANDERSON

2X NCAA All-American: Penn State
Head Coach: Sanderson Wrestling Academy

ETHAN LOFTHOUSE

2X NCAA All-American: Iowa
Assistant Coach: UVU

LUKE LOFTHOUSE

NCAA All-American: Iowa
Assistant Coach UVU

***LEARN FROM THE BEST COLLEGE
AND CLUB COACHING STAFFS IN
THE WESTERN UNITED STATES***

FEATURED CLINICIANS

TROY STEINER is currently the head coach of the newly reinstated wrestling program at Fresno state. Prior to coming to Fresno, we was the Associate Head Coach at Oregon State for 10 years. He also was an assistant at Iowa, Wisconsin and Minnesota. During his career, Steiner has coached 22 All-Americans, 10 Big Ten champions, six NCAA champions and one junior FILA World Champion.

Steiner was a four-time all-American at Iowa from 1990-93 and a NCAA champion in 1992. He won three Big Ten titles at Iowa, compiling a 148-13 career record at 134 and 142 pounds. He was part of three national and four Big X championship teams. Steiner shares Iowa's school record for best season winning percentage for the 42-0 record season, ranks third in career wins (148) and sixth in season wins (42). In post-collegiate competition, Steiner was a nine-time U.S. National team member, winning the 1992 World Cup and the 1996 Pan-American Games titles. Steiner and his wife Shawn, have two children, Spencer and Abbigail.



CYLER SANDERSON Cyler hails also from Heber City, Utah, where he was a three-time Utah State Champion at Wasatch High School. were he won a National Junior Championship at 140-pounds and went 163-8 while in high school. He was also a 2005 First-Team Asics All-American and he won the NHSCA Senior Nationals that same season.

Cyler wrestled three seasons under his older brothers' tutelage at Iowa State before following his brothers to State College to finish out his collegiate career. Cyler is a two-time All-American as he placed seventh at 157-pounds during his sophomore season at ISU (2007-08) and sixth during his senior campaign at PSU (2009-10). The four-year national qualifier also won titles in both the Big Ten as well as the Big 12 during his tenure and ended his collegiate career with a 114-33 career record with 18 pins, 25 major decisions and seven technical falls. Cyler resides in Bountiful with his wife Kenzie.

JASON CHAMBERLAIN is the current assistant coach at Fresno State. He was a 2X All-American compiling a 107-23 overall record during his four years at Boise State finishing third at the NCAA Championships in 2011 and was the runner-up at the 2013 NCAA's. Chamberlain won the 2013 Pac-12 Male Athlete of the Year, University FS National Championship in 2012 and the Pan-Am Championship in 2015. Since leaving Boise State in 2013, Chamberlain has spent the last three years coaching and training at the Nebraska Wrestling Training Center in Neb with 2X World Champ Jordan Burroughs.

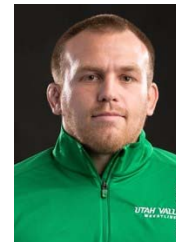
A native of Springville, UT, Chamberlain was a four-time Utah State Champion at Springville High School from 2005-2008. He earned the Dave Shultz High School Excellence Award and Asics Wrestler of the Year as a senior in 2008. He and his wife Abbey have two daughters, Violet & Kitt.



ETHEN LOFTHOUSE is in his fourth season of coaching at Utah Valley. Lofthouse was not only a two-time NCAA All-American wrestler at the University of Iowa, but also a 4X Utah State Champion during his high school days at Mountain Crest. The Avon, Utah, native went an impressive 192-7 during his high school career, which included an unblemished 47-0 mark during his sophomore campaign. Lofthouse is also a four-time Junior and Cadet All-American. The former Hawkeye also won two GR National Championships as well as one Junior Freestyle National Championship. He is also a two-time Jr. FILA Freestyle National Champion as well as a soph and Jr. Folkstyle National Champion.

LUKE LOFTHOUSE has been coaching at UVU for the past 3 season after spending three seasons as the strength and conditioning coach for his alma mater at the University of Iowa. During his collegiate days, Lofthouse was an All-American wrestler for the Hawkeyes where he capped his wrestling career with an All-American finish during his senior season (2011) That year he posted a 25-7 record and a runner-up finish at the Big Ten Championships.

Lofthouse from Mt. Crest HS was a three-time Utah State Champion. He went a combined 161-8 and went undefeated during both his sophomore (41-0) and junior (43-0) seasons. Lofthouse was also a three-time Utah state wrestler of the year, as well as a Wrestling USA Academic All-American as a senior. He and his wife, Allison, have a son, Nicholas, and a daughter, Lilly.



CAMP STAFF/COUNSELORS

WADE DISCHER

Camp Director & Head Coach: Wasatch HS
8X Team State Champions 6X Runner-up

GABE VIGIL

Assistant Coach: Wasatch HS & Club
Former Vandit & West Jordan Wrestling Coach
3X Utah State Champ: West Jordan HS
2003 PAC 10 Champ 4X NCAA qualifier at Boise St.

STEVE SANDERSON

Head Coach: State Champions Altamont HS
Former Head Coach at Wasatch
9X Team State Champions

KC ROCK

Head Coach: Embry Riddle University
Former Asst Coach: UVU, Wyoming, & Boise State
PAC 10 Champion @ Bioese State
NJCAA All-American

GERRITT BRADLY

Asst. Coach: Wasatch HS
High School All-American
2X Utah State Champion

BLAKE MANGUM

Utah State Champion: Wasatch HS
High School All-American
Wrestled for University of Oklahoma & UVU

JAKOB DISCHER

2X Utah State Champion: Wasatch HS
High School All-American
RS FR UVU

SPENCER HEYWOOD

Utah State Champion: Wasatch HS
High School All-American
RS FR UVU

*We will have a number of other counselors at the camp to help with the individual instruction of the clinicians.

*Coaches are welcome to jump in and help.