

**Lander Tiger Tough**

**Location: Lander Valley High School~ 350 Baldwin Creek Rd, Lander, WY 82520**

**Dates**: March 16th & 17th

**Three Style wrestling tournament with all girl’s divisions**

Greco – Folkstyle – Freestyle- Female Folkstyle- Female Freestyle- Female Greco

This is a **USA/WAWA Sanctioned Tournament**. Red/Blue singlets are required for Freestyle and Greco. Headgear required.

**Registration:** All wrestlers must register and pay online at trackwrestling.com by 11:00 pm on

Thursday March 15th. No on-site registration. No check-in. Wrestlers must have a current USA

card to participate. For registration questions contact Elisha Haley [haley.elisha@gmail.com](mailto:haley.elisha@gmail.com)

307-231-2230. Registration closes Thursday at 10pm.

**Registration fees**: $20 per style or $45 for all three, female divisions $5 per style or $10 for all

three styles. Double bracket allowed fee is $10, please contact Elisha to double bracket.

**Greco:** All age groups, all divisions will start at 5:30pm Friday until completion.

**Peewee/Bantam/Cadet/Female: Freestyle**: 8:00am to completion: **Folkstyle**: 10:30am to completion.

**Intermediate/Novice/Schoolboy/Junior Freestyle:** 1:00pm to completion **Folkstyle**: 3:00pm to completion

Weigh-ins: **REMOTE WEIGH-INS and SKIN CHECKS ONLY.** Must be conducted by a current licensed USAW licensed coach. Email Elisha Haley at [haley.elisha@gmail.com](mailto:haley.elisha@gmail.com) to get a team login. Teams will be required to enter in their wrestlers’ actual weights. Weights have to be entered by 10am Friday morning. LWC and/or Head official reserve the right to re-weigh any wrestler at the tournament (2 lb. allowance).

\*Concessions stand and hospitality room available (hospitality room for couches, refs, and table help only)

Please bring mat officials.

Contact Tiffany Velarde at 307-349-8982 or [landertigertough@gmail.com](mailto:landertigertough@gmail.com) for further information.