### MWC Wrestling Academy presents the

### Mwc__1_ King of the Mat Tournament

**Date:** Saturday April 14th, 2018

**Place:** Midland University 900 N Clarkson St Fremont, NE 68025

**Ages:** Age groups (see below) will follow USA Wrestling, including post-High school athletes.

**Entry Fee:** $25 for one style (Freestyle or Greco Roman) $40 for both. **NON-REFUNDABLE.** USA card is not required.

**Weigh-Ins:** **All weigh-ins will be night before**

April 13th, 2018 – 6:00PM - 7:00PM at

MWC (302 E. Cary St. Papillion, NE 68046) Midland (900 N. Clarkson St. Fremont, NE 68025)

Grand View University (1200 Grandview Ave, Des Moines, IA 503160)

\*\*If you would like to host a satellite weigh-in please contact Zack Wilcox at 402-926-1176\*\*

**Skin Checks:** There will be mandatory skin check before each individual weigh-in. Entry fee will be paid before skin checks and if wrestler does not pass checks or weigh-in, they will not receive a refund.

**Tournament:** This will be a double elimination format with wrestling for four places in each weight class. All matches will follow current USA wrestling rules.

**Start Time:** Greco will start at 9:00 a.m. and run straight through; freestyle tournament will immediately follow the Greco tournament.

**Awards:** Awards to the top three finishers in each weight class. Special Award for “King of the Mat” Wrestlers that win both styles. OW for each age group must compete in both styles to be considered.

## Tournament Zac Dominguez, Head Wrestling Coach MWC Wrestling Academy

**Director:** (402) 639- 4507

## Trackwrestling Registration must be done online trackwrestling.com by Friday, April 13th 6:00PM

## Link: <http://www.trackwrestling.com/registration/BasicPreReg1.jsp?tournamentGroupId=287260009>

MEN’S AGE DIVISIONS (BIRTH DATES) WEIGHT CLASSES

BANTAM (Born 2009-2010) 40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. maximum difference)

INTERMEDIATE (Born 2007-2008) 50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs.max difference)

NOVICE (Born 2005-2006) 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. maximum difference)

SCHOOLBOY (Born 2003-2004) 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265

CADET (Born 2001-2002) 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

JUNIOR (Born 9/1/1997 & after enrolled in H.S.) 100, 106, 113, 120, 126, 132, 138,145, 152, 160, 170, 182, 195, 220, 285

SENIOR (Freestyle) (Born 1997 or before, 1998-1999 with medical certificate) \*2KG allowance

57 KG/125.7 LBS, 61/134.5, 65/143.3, 70/154.3, 74/163, 79/173.8, 86/189.6, 92/202.4 97/213.9, 125/275.6

SENIOR (Greco-Roman) (Born 1997 or before, 1998-1999 with medical certificate) \*2KG allowance

55 KG/121.0 LBS, 60/132.0, 63/138.6, 67/147.4, 72/158.4, 77/169.4, 82/180.4, 87/191.4, 97/213.4, 130/286.6

\*WEIGHT CLASSES MAY BE COMBINDED DUE TO NUMBER OF WRESTLERS\*

WOMEN’S AGE DIVISIONS (BIRTH DATES) WEIGHT CLASSES \*\*FREESTYLE\*\*

INTERMEDIATE (2008-2010) 45, 50, 55, 60, 65, 70, 75, 80, 85, 85+, 85++, 85+++

NOVICE (2005-2007) 60, 65, 70, 75, 80, 85, 90, 95, 102, 110, 118, 118+, 118++, 118+++

SCHOOLGIRL (2003-2004) 66, 70, 74, 81, 89, 97, 105, 113, 120, 128, 137, 145, 155, 175, 195

CADET (2001-2002) 94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200

JUNIOR (Born 9/1/1997 & after enrolled in H.S.) 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225

SENIOR (Women’s Freestyle) (Born 1997 or before, 1998-1999 with medical certificate) \*2KG allowance

50 KG/110.0 LBS, 53/116.8, 55/121.25, 57/125.4, 59/129.8, 62/136.4, 65/143.0, 68/149.6, 72/158.4, 76/167.2

**TEAMS INTERESTED IN WRESTLING DUALS PLEASE CONTACT ZACK WILCOX AT 402-926-1176/wilcox@midlandu.edu**