

**2019 INDIANA HIGH SCHOOL GIRLS WRESTLING**

* **January 4th – Regionals – North - Maconaquah High School**

**(Ft Wayne & East Chicago Semi State)**

**South – Franklin Community High School**

**(New Castle and Evansville Semi State)**

* **January 11th – State Finals – Hamilton Heights High School**
* **All wrestlers must be a member of an IHSAA wrestling team**
* **All wrestlers must have 4 official weigh ins, 2 lb. allowance if they have made scratch weight 1 time - EXEMPTION: IHSAA will charge 2 points against the wrestler for Regionals and State combined**
* **Weigh-ins at 5:00 PM EST**
* **Wrestling begins at 6:00 PM EST NOTE: State Parade of Champions at 5:45 PM EST**
* **Weight classes: 88, 98,106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285**
* **Top 4 wrestlers at Regionals in each weight class will advance to the State Finals**
* **Teams may enter more than one wrestler per weight class. Only one wrestler per weight class will be the scoring wrestler.**
* **Coaches will be responsible for entering their wrestlers on TrackWrestling.**
* **Awards: Regionals – Ribbons 1st - 4th State – Medals 1st – 4th**
* **Website: IHSGW.NET**