



2nd Annual IL Pre-Season Folkstyle CHAMPIONSHIPS

Hosted by Shepard HS Wrestling

A portion of the Net Proceeds will be donated to IL-USAW Wrestling

DATE

8th Grade and Below

Sunday November 4, 2018- 8:30am (Will finish in one day)

High School Division

Sunday November 4, 2018 - 11:00am (Will finish in one day)

WRESTLING LOCATION SITE

Alan B Shepard High School (Enter in Rear)

13049 South Ridgeland Ave

Palos Heights, IL 60463

ELIGIBILITY

Must have a 2018-2019 USA wrestler/competitor membership card

RULES

***Modified National Federation Rules—**Folkstyle** Due to time constraints, we will NOT be using the "new" overtime rules implemented for High Schools in the 2006-07 season. Any matches that go into overtime will use the "old" rules: 1-minute sudden victory overtime, if no score, followed by 30 second ultimate tiebreaker ride out (first to score in regulation gets choice, UCM supersedes first points scored. If no points were scored in regulation a coin flip will decide choice.)

*****NEW NFHS rule- "Out of Bounds" for back points, falls, takedowns, or loss of control APPLY ONLY for HS Division**

*****8th grade and below will follow the "old" NHFS rules regarding out of bounds, near fall, and fall.**

Mouth guard

Mouth guards are NOT mandatory (this includes individuals with braces).

REST TIME

The minimum rest time between matches is 15 minutes.

HEADGEAR

Headgear IS required for Grade School wrestlers.

Headgear is NOT required for High School division wrestlers.

Hair covering is the decision/discretion of the mat official.

MATCH LENGTH

High School Division

2-1-1 on Championship side and medal matches. Consolation matches will be 1-1-1

5th-6th-7th-8th Grade Divisions

1 1/2-1-1 on Championship side and medal matches. Consolation matches will be 1-1-1

1st-2nd-3rd-4th Grade Divisions

1-1-1 for ALL bouts in these divisions

DIVISIONS AND WEIGHT CLASSES

High School Boys Weight Classes: (9th - 12th Grade)

100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
(3lbs allowance!)

Middle School Weight Classes: (7th & 8th Grade)

70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
(2lbs allowance!)

Grade School Weight Classes (5th & 6th Grade)

60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 150+ (25 lbs max difference)
(2lbs allowance!)

Grade School Weight Classes (3rd & 4th Grade)

BLOCKED WEIGHTS

Grade School Weight Classes (1st & 2nd Grade)

BLOCKED WEIGHTS

****** If enough girls register we will divide the girls into a separate girl's division based on ages and blocked weights otherwise girls will be bracketed with boys.**

If you are enrolled in kindergarten or pre-kindergarten you can enroll in the 1st & 2nd grade division—there will be no separate division for wrestlers that are in a grade under the 1st grade.

➤ You may “bump” up division(s)

TOURNAMENT FORMAT

****Double Elimination** (unless in a Round Robin bracket)

****Referees decision at mat side are final.** No appeals or challenges will be accepted.

****Wrestle backs to TRUE 2nd place with NO WALKOVERS.** The only exception is for the 2nd place match. IF the (2) wrestlers had previously wrestled in the tournament then the previous decision will stand. They will NOT wrestle a 2nd time during the tournament.

****Brackets with 6 or less wrestlers will be bracketed in a Round Robin format or Combined with another weight class to give wrestlers the most matches possible. ****NOTE:** If your bracket gets combined/RR we will only show in track your matches against persons in your weight class so it will NOT affect your track wrestling profile.**

AWARDS

We will be awarding custom medal to the Top 3 in each bracket in each division

REGISTRATION

REGISTRATION OPENS: Registration is now open and here is the link on track wrestling to register.

REGISTRATION CLOSES: November 2, 2018 @ 11:59 pm CST

REGISTRATION FEE: \$35.00 To be paid online when you register.

WALK- INS: If a Wrestler does not register before the November 2nd deadline, he / she may walk-in at the weigh-ins and pay at weigh-ins (late fee-\$40).

CHANGING WEIGHT CLASSES: We are not charging to change a weight class. You may change a weight class online any time before the registration deadline. After the registration deadline you can only change a weight class at the weigh-ins. If you do not know how to change a weight class, you can just email the tournament director (John Ambrose) and he will make the change for you. Email is ambroseopp@aol.com

USA Wrestling Card: All Wrestlers **MUST** have a 2018-2019 USA Wrestling Competitor Card. You must purchase your USA Wrestling Card before the tournament. You CANNOT purchase your USA Wrestling Card at the event. To purchase A 2017-2018 USA Wrestling Competitor Card go to www.usawmembership.com

COACHES: Only two coaches allowed per wrestler during the match. Coaches must have a coaching band to be in his/her wrestlers corner. Any inappropriate action/behavior will be cause for removal of band and coaching privileges for the remainder of the tournament.

WEIGH-INS

Saturday November 3, 2018—3:00 pm to 4:30 pm

LOCATION-To be announced---All wrestlers and walk ups

Sunday November 3, 2018—6:30 am to 7:30 am

Shepard HS---All wrestlers and walk ups

Sunday November 3, 2018—9:00 am to 10:00 am

Shepard---HIGH SCHOOL wrestlers ONLY

SATELLITE LOCATIONS(TBA)

WANT TO HOST A SATELLITE WEIGH-IN?

You can petition the tournament director at ambroseopp@aol.com in an e-mail to be considered for a satellite location. Before you petition the tournament, you must have the following.

- 1.) At least 5 or more wrestlers who are competing in the tournament that will utilize your weigh-in location. They do not have to all be from the same team.
- 2.) A location that is willing to host a weigh-in for at least 90 minutes long and will not start weigh-ins before 3:00 pm. (in their time zone) the day before the tournament actual wrestling competition.
- 3.) A location MUST have one of the following physically present if selected to be a host site. Again you must have at least (1) or more.
 - 1.) A certified official/referee whose credentials can be easily verified.
 - 2.) A representative from your state's wrestling organization that can be verified.
 - 3.) (3) opposing coaches from wrestling clubs within your state's organization.
- 4.) Must e-mail the actual weights of the wrestlers to the tournament director within 90 minutes after the scales are closed (not a photo of the weights sent in a text).

SPECTATOR TICKETS

Admission: \$5 for Adults & Coaches

\$3 for Students

Kids under 5 years old are free

Concessions will be available all day.

Per school policy, no coolers or outside food/beverage will be allowed in the building.

****Absolutely NO SMOKING on school grounds****

COACHES PASS

-You **MUST** have a 2018-2019 USA Wrestling Coaches Card to have access the floor/competition area.

—**PLEASE ALLOW UP TO 30 DAYS FOR COMPLETION OF USAW COACHES MEMBERSHIP/BACKGROUND CHECK PROCESS.**

—You will need to pick up your coaches pass wrist band at the weigh-ins or the day of the tournament.

—You must present your 2018-2019 USA Wrestling Coaches Card and an ID to receive your Coaches Pass wrist band

—There is no charge for your coaches pass, but it **DOES NOT** include your admission to the event. Therefore, coaches will need to purchase a daily admission pass for \$5.

—To purchase A 2018-2019 USA Wrestling Coaches Membership Card go to www.usawmembership.com

—You **CANNOT** purchase a USA Wrestling Coaches Card at weigh-ins or the day of the tournament

— You **DO** need a Copper-Bronze-Silver-Gold Level Card to coach at this tournament.

Any questions please e-mail the Tournament Director John Ambrose at ambroseopp@aol.com

DO NOT contact the IKWF office with questions since they have no additional information about this tournament or the series that is not already contained in this flyer. This event is NOT run by the IKWF office.

Thank you and good luck!!